



# Brandon Intermediate School



32-34 Driver Crescent, Porirua 5024, New Zealand

Telephone (04) 237- 4599

Facsimile (04) 237- 4598

email [brandon@xtra.co.nz](mailto:brandon@xtra.co.nz)

5<sup>th</sup> March 2015

**Dear Parent/Caregiver**

Head lice are very common in the community and we have noticed that some students in this class have head lice at the moment.

Please read the Information Sheet included with this letter. It is important that you check your child's hair, and treat for head lice if required, to help prevent head lice spreading. A headlice comb has been sent home with every student today to assist in this process.

Check the hair of every member of the household. If you find live head lice on anyone, treat them as well. Do not treat everyone "just in case".

It is a good idea to wash hair ties and hair brushes but you do not need to wash bedding or pillows.

Thank you for your cooperation.

## Conditioner and Combing:

a technique for the  
detection and/or treatment of head lice

- Conditioner and Combing is the **most effective** way of finding head lice.
- Conditioner and Combing is also an effective way of treating head lice, particularly mild conditions.
- The Conditioner stuns the head lice for some minutes so they can be easily removed.
- Conditioner and Combing is cheap. It also avoids the use of head lice chemicals (insecticides).

**You will need:** • White hair conditioner • An ordinary comb • A fine tooth comb • Hair clips  
• White tissues • A Magnifying glass • An old toothbrush • Plastic bag

### Technique:

- Untangle dry hair with ordinary comb.
- Use sufficient conditioner to cover the whole head from roots to tips and comb through with an ordinary comb. It is important to have no dry areas for the head lice to escape to.
- Divide and clip hair into small sections. (This should ensure coverage of whole head).
- Take one section at a time and carefully Fine Tooth Comb from the roots to the tips.
- Wipe the comb on the tissue and check with the magnifying glass for head lice and/or eggs.
- Continue until all the conditioner has been combed out of the hair.
- The old toothbrush may be used to clear debris from the Fine Tooth Comb.
- Wash hair normally.

*When finished carefully dispose of all tissues (tied up in the plastic bag) and clean combs and toothbrush in hot water.*

Repeat this technique every 2 days until no live head lice have been found for 10 days.



Conditioner and Combing takes time but it is an effective and cheap way of eliminating head lice